



## **RELEASE OF LIABILITY**

### **PARENTAL PERMISSION FORM/ACKNOWLEDGMENT OF RISK AND RELEASE**

THIS DOCUMENT MUST BE SIGNED BY THE PARENT OR LEGAL GUARDIAN OF PERSONS UNDER THE AGE OF 16 PARTICIPATING IN AN EVENT HELD UNDER THE AUSPICES OF SINGAPORE ICE HOCKEY ASSOCIATION (**SIHA**). IF THE PERSON PARTICIPATING IN THE EVENT IS 16 YEARS OF AGE OR OLDER, THEN THE PARTICIPANT MUST SIGN THIS DOCUMENT.

#### **About NIHL**

The National Ice Hockey League (the “NIHL” or “Adult Hockey League”) is a SIHA sponsored adult ice hockey league which plays in two seasons (winter and summer leagues), playing games between 7:30 PM and 12:30AM on Sundays, Mondays and Thursday evenings. The skill level of the players range from advanced in Division 1 to beginners in Division 3, however, the individual skill levels may vary vastly from team to team and division to division. While the NIHL is a non-contact league, incidental contact often occurs (whether intentional or unintentional) and is a normal part of any adult ice hockey league. The NIHL is recreational by nature and is not intended to be a development ice hockey league. There are no practices or coaching of any kind and players in the NIHL are expected to possess a firm grasp of the game and its fundamentals and are expected to have commensurate ice hockey skills for the division to which they have signed up to play.

#### **Your Participation**

The individual named below as “Participant,” if over the age of 16, or his parent or legal guardian if the Participant is under the age of 16, hereby acknowledges that he or she authorizes Participant to participate in SIHA’s NIHL, and further acknowledges his or her full understanding and appreciation that there are risks of damage or injury associated with participating in ice hockey. These risks and dangers include, but are not limited to, those arising from falls, collisions, being struck by pucks, sticks or other objects, and body contact with the ice, boards and other participants, including the risks of participating with bigger, faster and stronger participants, and these risks and dangers will increase if player participates in ice hockey and associated activities in an age group above that in which player would normally participate.

The person signing this document hereby represents that he or she has advised SIHA of any facts known to him or her which would make the Participant more susceptible to injury or risk of injury as a result of participating in the NIHL.

By signing this form, the Participant, or his parent or legal guardian, on behalf of himself, his heirs, assigns, legal and personal representative(s), hereby agrees to assume all risks and responsibilities surrounding Participant’s participation in the NIHL and further waives, releases, holds harmless and relinquishes any and all claims, demands, actions, causes of action, lawsuits, expenses, or losses (including court costs and all reasonable attorney fees) the Participant (or his parents or legal guardians) may incur on account of property damage, personal injury (including death or paralysis) or illness arising out of or attributable to Participant’s participation in the NIHL, and whether caused by the negligence of SIHA, their officers, employees or agents, or otherwise.

SIHA reserves the right (but shall not have the duty) to ask a Participant to stop participating in the Adult Hockey League if SIHA deems there are safety concerns with respect to his or her participation in the NIHL. SIHA's failure to remove an inexperienced or unqualified Participant from the NIHL shall not impute liability or negligence on the part of SIHA and it shall be the responsibility of the Participant (and/or his or her parents or legal guardian) to exercise their reasonable judgement in whether to continue playing in the NIHL based on their experience and skill level. All fees will be refunded to the Participant, on a pro-rata basis of games played, should SIHA remove a Participant in accordance with this section.

#### Permission for a Child to Participate in NIHL

Executed this \_\_\_\_\_ day of \_\_\_\_\_, 2022.

\_\_\_\_\_  
PRINTED NAME OF PARTICIPANT

\_\_\_\_\_  
SIGNATURE OF PARTICIPANT (IF 16 OR OLDER)

As the parent or legal guardian of the above-named Participant, I hereby represent and warrant that: (i) I have read and understand this Release of Liability; (ii) I have explained to the Participant the risks associated with participating in the NIHL, especially the risk of participating with bigger, faster, and stronger participants, using language appropriate to the age and intellectual capacity of the Participant; (iii) I have the authority to sign this Release of Liability on behalf of said Participant; and (iv) I have signed this Release of Liability voluntarily, with the understanding that this Release of Liability waives important rights but is necessary to allow amateur ice hockey to exist in its present form.

I further agree to indemnify SIHA, as well as its officers, agents, successors and assigns from and against any and all lawsuits, claims or causes of action brought by or on behalf of the above named Participant by any person for any personal injury (including wrongful death), property damage or illness caused directly or indirectly the Participant's participation in the NIHL.

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PRINTED NAME AND SIGNATURE OF PARTICIPANT'S PARENT OR LEGAL GUARDIAN IF  
PARTICIPANT IS UNDER 16 YEARS OF AGE